

**A4M** | MEDICINE REDEFINED

# CLINICAL WEIGHT MANAGEMENT Certification Program



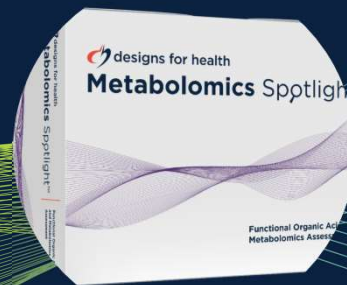
 **IPS** THE PREMIER EDUCATIONAL RESOURCE  
FOR SAFE & ADVANCED PEPTIDE THERAPY

EDUCATIONALLY  
PARTNERED WITH

**A4M**



# Self-Interpretive Functional Testing Made Easy for a Busy Practice



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A4M Boston, October 24, 2025



## Learning objectives:

- **Identify the core features and clinical applications of self-interpretive testing (metabolomics, GI, genomics).**
- **Apply automated protocol recommendations & tools to streamline patient care.**
- **Evaluate how interpretive reports & bundled resources improve outcomes & workflow.**

## **Disclaimer:**

**Please be aware that different healthcare providers may have varying approaches to lab testing and interpretation. The selection of specific tests, methodologies, and treatment recommendations can differ based on the provider's training, experience, and the individual needs of the patient. Providers should always use their best clinical judgment when making decisions for patient care.**

# Who Are These Tests For?

Designed by top clinicians with 20–30 years' experience

- Created for ease of use across licensure: MDs, NDs, DCs, RDs, RNs, health coaches
- Fits every level of experience: Novice → Expert
- Self-interpretive design = lowers learning curve, increases confidence, increases ability to scale & increase business.



# The Challenge

Functional testing can be powerful, but also overwhelming:

- Incredible insights, but too much data
- Complex interpretation
- Time and workflow constraints
- Hard to scale in a busy practice



# Power of Self-Interpretive Testing

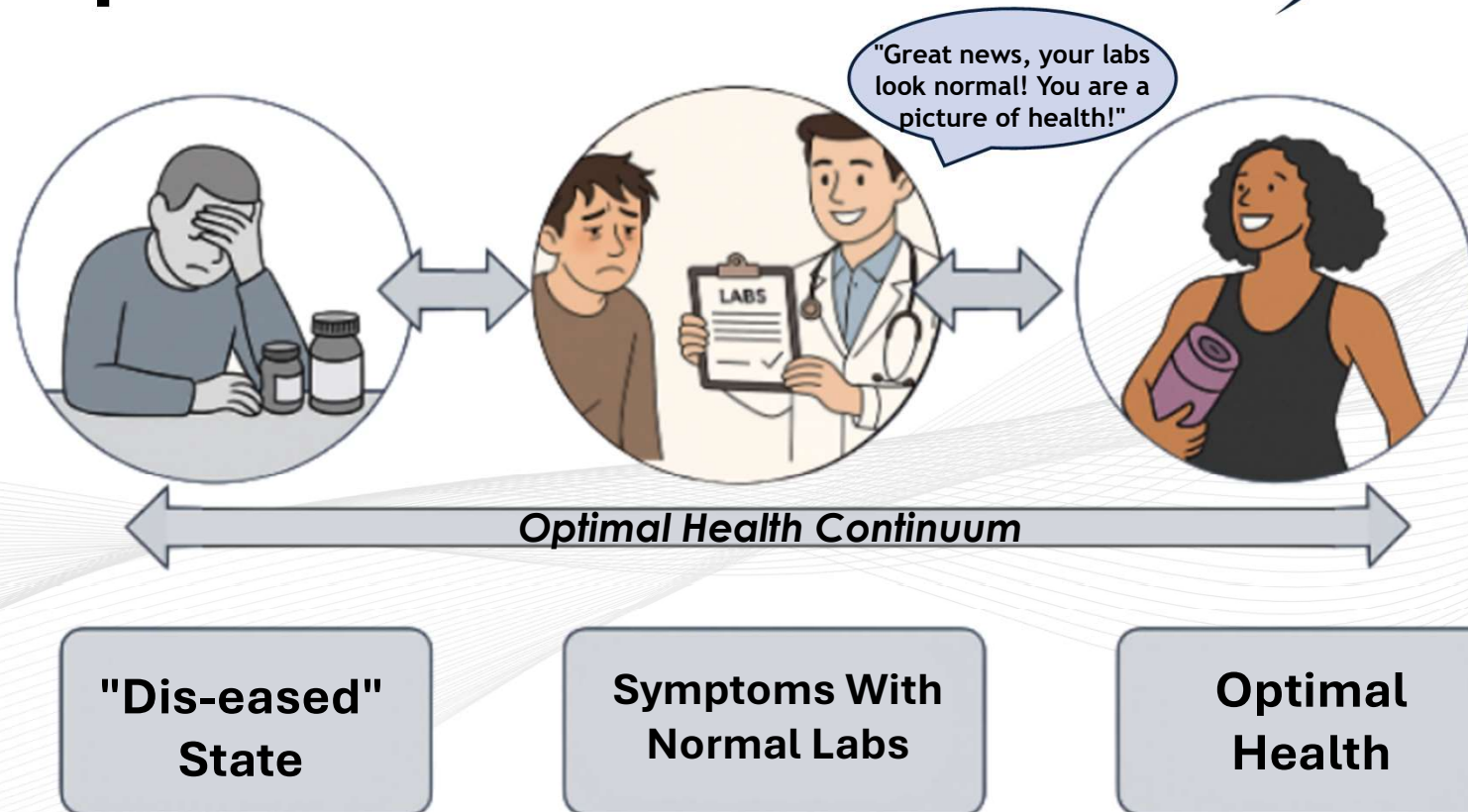


- Male patient, persistently high HbA1c
- Wife = nutritionist, had “tried everything”
- Referred for functional testing
- **Metabolomics: cofactors low**
- **GI: poor digestion → poor nutrient extraction**
- Followed recommendations → HbA1c came down



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# The Optimal Health Continuum



*Most patients fall in the middle — not sick, but far from well.*

*"Spotlight Functional Series Tests are an investigation of optimal health, rather than a discovery of disease"*

# Metabolomics Spotlight



designs for health

## Metabolomics Spotlight™

Functional Organic Acids and  
Metabolomics Assessment

PATIENT INFO:

ACCESSION: 20250227-0578

RECEIVED: 2/27/2025

COMPLETED: 3/10/2025

### Your SPOTLIGHT Test Scores

● = High Support    
 ● = Medium Support    
 ● = Low Support



Energy Metabolism



B Vitamins



CNS-Neurotransmitters/  
Hormones



Toxic Impacts



Digestion & Microbial  
Metabolites

### Designs for Health Product Recommendations

Name	How to Take
<b>CatecholaCalm™</b>	Take 3 capsules per day or as directed by your health-care practitioner.
<b>Lipoic Acid Supreme</b>	Take 1 capsule per day with a meal or as directed by your health-care practitioner.
<b>Whole Body Collagen</b>	Mix 13 grams (approximately one scoop) in 8 ounces of water per day or as directed by your health-care practitioner. For best results, add powder prior to adding water.

**\$191**

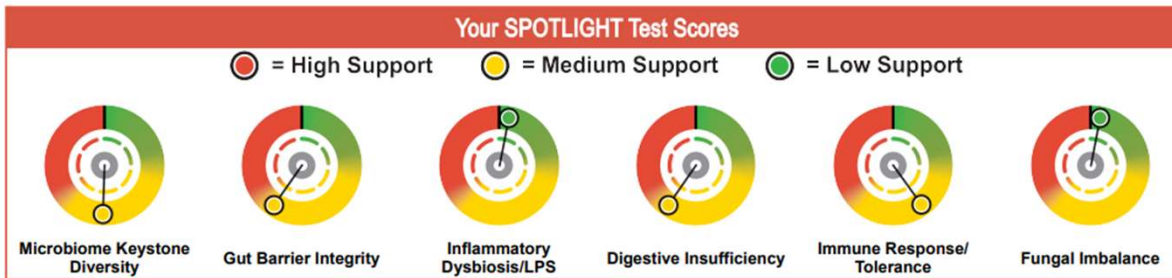
From complex biochemistry to clear protocols.

# GI Spotlight



**GI Spotlight™**  
 Functional GI Molecular Stool Analysis by qPCR

PATIENT INFO:



**Designs for Health Product Recommendations**

Name	How to Take
AllerGzyme™	1 cap with each meal
GI Microb-X™	2 caps, 3x per day away from food for 3 weeks
Gluten Free Diet	See the last page for diet suggestions
Gut Barrier Protocol	See the last page for protocol instructions
IgGI Shield™	1 scoop per day
PhytoBiome™	3 caps per day
SCD/FODMAP	See the last page for diet suggestions

**\$289**

Classification: General

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- **Digestion & absorption = root of nutrient status**
- **Explains why cofactors were low in the case example**
- **Clear recommendations → easy to act on**
- **Clinical team = support for deeper learning**

# Genomics Spotlight



\$209

designs for health  
**Genomic Spotlight™**

*Click a category icon to view analysis and select indicated DFH products. Categories with product selections are tinted blue.  
To create a client report: Tick the desired category checkboxes, then press the GENERATE CLIENT REPORT BUTTON.*




 ENDOCRINE <input checked="" type="checkbox"/> <input type="checkbox"/>	 GASTROINTESTINAL <input checked="" type="checkbox"/> <input type="checkbox"/>	 DETOXIFICATION <input type="checkbox"/> <input type="checkbox"/>	 METHYLATION <input type="checkbox"/> <input type="checkbox"/>
 STRUCTURAL <input checked="" type="checkbox"/> <input type="checkbox"/>	 ANTI-AGING <input checked="" type="checkbox"/> <input type="checkbox"/>	 COGNITION <input type="checkbox"/> <input type="checkbox"/>	 INFLAMMATION <input type="checkbox"/> <input type="checkbox"/>

Include Algorithm and SNP Details in Client Report

CREATE CLIENT REPORT

# When to Use Each Test



Test	Conditions	Client Types
<b>Metabolomics Spotlight™</b> 	Energy/fatigue, stress/anxiety, detox, collagen, GI Complaints, sleep, chronic conditions, stubborn HbA1c, glucose dysregulation	Athletes, weekend warriors, biohackers, ASD/ADHD kids, surgery/recovery, yearly “optimal health” check
<b>GI Spotlight™</b> 	Bloating, indigestion, constipation/diarrhea, inflammation, sensitivities, histamine issues, brain fog, anxiety, memory concerns, fungal issues, leaky gut, post-antibiotics/antacids	“Nothing’s wrong, but I feel terrible” patients, chronic gut cases, long-term medication users
<b>Genomic Spotlight™</b> 	Proactive health insights, health span & longevity, cholesterol/cardiovascular tendencies, cognitive performance, inflammation; <b>when progress stalls, genetics may be the missing piece</b>	Family history risks, optimization-focused patients, personalized nutrition seekers, one-and-done testers

**Stuck = Genomics | Unsure = Metabolomics | Gut issues = GI**

# You're Not Alone: Spotlight Support is Our Superpower!



[Calendly.com/spotlight-consultations](https://calendly.com/spotlight-consultations)

# Key Takeaways



## Ease

Simplifies complex testing with clear reports

## Efficiency

Built for a busy practice with ready-to-use protocols

## Confidence

Support & outcomes you can trust

# Self-Interpretive Functional Testing Made Easy for a Busy Practice

*Ease • Efficiency • Confidence*

*Remember, you don't have to do it alone — Spotlight Support is here.*

Link: [Calendly.com/spotlight-consultations](https://calendly.com/spotlight-consultations)



# Thank you!

**designing a well world™**

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[Book a consult: Calendly.com/spotlight-consultations](https://calendly.com/spotlight-consultations)

